



**ECOLE NOTRE DAME DES VICTOIRES**

Telephone 415 421 0069

FAX 415 421 1440

August 24, 2017

Dear Parent(s)/Guardian(s),

Welcome to the 2017 - 2018 school year!

NDV has a free, school-wide peer group program called *Recess Buddies*. *Recess Buddies* will meet in the Wellness Center on the second floor once or twice weekly during recess time. This program is designed to give our children a safe and supportive place to play and talk.

In addition to offering a supportive place to be, the goal is for our children to develop more coping skills and more resilience in life. The program is designed to help children verbalize their feelings and brainstorm solutions for whatever is on their mind. We will talk and have activities to support pro-social behavior. **These meetings are not group therapy.** If, however, you think your child could benefit from individual counseling, call or email me so we can discuss your child's needs.

Your permission is necessary in order for your child to participate in the *Recess Buddies* program. Please sign below acknowledging your permission, if you want your child to participate, and return the bottom portion to the office. Feel free to call or send me an email (wiater@ndvsf.org) if you would like more information or have questions.

Sincerely,

*Jeanine Wiater*  
School Counselor

Cut off and return. Thank you.

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***Recess Buddies* Permission Form**

I HEREBY GIVE MY PERMISSION FOR \_\_\_\_\_  
Name Grade

TO JOIN the Recess Buddies Peer Group led by Jeanine Wiater.

Permission is granted only for this school year or will expire sooner on: \_\_\_\_\_

Please provide any concerns or information that you would like to share with me about your child here:

\_\_\_\_\_  
\_\_\_\_\_

DATED: \_\_\_\_\_ SIGNED BY: \_\_\_\_\_